



Adapting Technology ■ Changing Lives

## Technology advice and support in the comfort of your own home

[www.abilitynet.org.uk/at-home](http://www.abilitynet.org.uk/at-home)



We provide free computer support to older people and disabled people of all ages.

**Visit our website or call our free helpline to see how we could help you.**

**Freephone:  
0800 269 545**

# **We're a charity that provides free help with computers, tablets and smartphones to older people and disabled people of all ages.**

## **Arrange a home visit**

Book a session with one of our carefully selected and vetted ITCanHelp volunteers. They can visit you in the comfort of your own home and help you get the most out of your technology.

## **Partners**

We're supported by IBM and Microsoft and work with many of the largest UK charities including Age UK, RNIB, Scope and Blind Veterans.

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## **Call our helpline: 0800 269 545**

Have a chat with one of our friendly team for help and advice with your technology needs.