

Simple and Quick Energy Saving Tips - Page 1 of 2

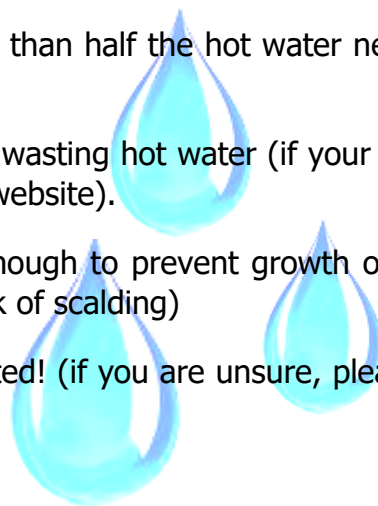
In the Kitchen

- Whether it's the dishwasher or the washing machine, try to only switch it on when you have a full load - two half loads will use more energy than one full load.
- Try washing your clothes at 30C - Your washing powder will do the job just as well, but you'll cut electricity use by around 40% each time.
- Do not over fill your kettle, boil only the amount you need (you'll save energy, and get your cup of tea quicker!).
- Cook with your microwave where possible, it uses less energy than the hob or the oven.
- Keep lids on pans when cooking.
- If you have a fan oven always choose the fan setting!



Saving Water, Saving Energy

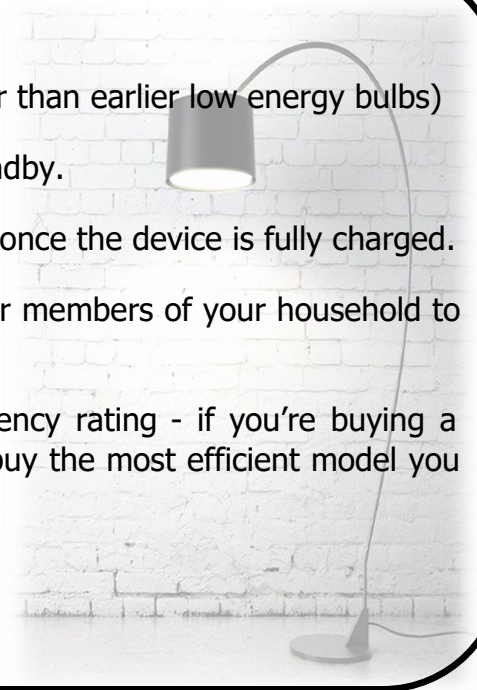
- Try taking a shower instead of a bath - a shower uses less than half the hot water needed for a bath!
- Make sure your taps are turned off as a dripping hot tap is wasting hot water (if your tap is dripping, please report it as a repair over the phone or via our website).
- Set your hot water storage cylinder to 60°C. (this is hot enough to prevent growth of legionella bacteria, but is a low enough temperature to reduce the risk of scalding)
- If you have a hot water storage tank make sure it is insulated! (if you are unsure, please contact us)



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Lower your Electricity Bills

- Use low energy light bulbs (modern LEDs perform much better than earlier low energy bulbs)
- Turn your appliances off at the wall do not leave them on standby.
- Remember to turn off chargers for phones and other devices, once the device is fully charged.
- Switch off lights when you are not in the room, and ask other members of your household to do the same.
- All new appliances are clearly labelled with an energy efficiency rating - if you're buying a new, fridge, freezer, washing machine, dishwasher, or oven buy the most efficient model you can afford.



Easy Tips

- Try turning your room thermostat down by 1°C as this could save you 10% of your heating bill.
- Choose curtains over shutters or blinds, and close your curtains at dusk - this prevents heat escaping through the glass.
- Avoid blocking the warm air currents from radiators — keep curtains short so they do not hang over radiators, and avoid hanging wet clothes over radiators to dry.
- Make better use of natural light, keep windows clean and clear of large ornaments or creeping plants.
- When the weather allows, hang washing outside to dry instead of using a tumble drier.